

MVSD Wellness Evaluation Results 2020-2021									
Health and Wellness Overview				Exceeds	Meets	Needs Improvement	Exceeds	Meets	Needs Improvement
1. Your school promotes a healthy lifestyle to your staff, students, and parents.				4	9	2	26.7%	60.0%	13.3%
School Health, Safety, and Environment									
1. Students are taught campus safety rules.				8	7	0	53.3%	46.7%	0.0%
2. An "anti-bullying" policy is enforced.				5	9	1	33.3%	60.0%	6.7%
3. Healthy habits and injury prevention for staff and students are promoted at your school site.				5	8	2	33.3%	53.3%	13.3%
4. A drug and substance free environment is promoted				5	8	2	33.3%	53.3%	13.3%
5. Your school encourages events that promote and support a healthy lifestyle.				5	8	2	33.3%	53.3%	13.3%
Total				28	40	7	37.3%	53.3%	9.3%
Nutrition									
1. Cafeteria staff are well-prepared and efficiently serve meals to your students.				10	5	0	66.7%	33.3%	0.0%
2. Fresh, safe free drinking water is available to students on campus.				8	7	0	53.3%	46.7%	0.0%
3. Each school ensures foods and beverages sold and served on school campus to students starting at				6	9	0	40.0%	60.0%	0.0%
4. Documentation of nutrition information for foods sold outside of Nutrition Services on school campus during				2	11	2	13.3%	73.3%	13.3%
5. Marketing and advertising of noncompliant foods and beverages is not permitted on school campus (ex.				6	8	1	40.0%	53.3%	6.7%
6. Fundraising efforts support healthy eating by selling non-food items or foods that are low in fat, sodium and				6	8	1	40.0%	53.3%	6.7%
7. Non-food rewards are encouraged for student achievement.				10	5	0	66.7%	33.3%	0.0%
8. Nutrition education is provided as part of a sequential health education program and is integrated into other				4	10	1	26.7%	66.7%	0.0%
Total				52	63	5	43.3%	52.5%	3.3%
Physical Education and Physical Activity									
1. Your school provides all students with the opportunity to be physically active on a regular basis through				7	7	1	46.7%	46.7%	6.6%
2. The physical education curriculum at your school follows the California Education Code requirements.				8	6	1	53.3%	40.0%	6.7%
3. Physical education is delivered by well-prepared and well-supported staff.				10	5	0	66.7%	33.3%	0.0%
Total				25	18	2	55.6%	40.0%	4.4%
Family, Staff, and Community Involvement									
1. The school community, parents, teachers, and staff encourage a healthy lifestyle for students.				4	10	1	26.7%	60.0%	13.3%
2. Teachers and staff model healthy behaviors.				4	10	1	26.7%	66.7%	6.6%
Total				8	20	2	26.7%	63.4%	10.0%
Social and Emotional Climate									
1. My school/department takes steps to foster peer relationships among students.				5	9	1	33.30%	60.00%	6.70%
2. Teachers collaborate with counseling and psychological services staff to promote social and emotional				7	7	1	46.70%	46.70%	6.60%
Total				12	16	2	40.0%	53.4%	6.7%
				Yes	No	Somewhat	Yes	No	Somewhat
1. Were you aware fo the District's Wellness Policy before you filled out this evaluation form? (Please choose				15	0	0	100.0%	0.0%	0.0%
				Yes	No		Yes	No	
1. Physical Education/activity is not used for disciplinary purposes.				0	15	0	0.0%	100.0%	0.0%
Number of Respondents:				15					
This institution is an equal opportunity provider.									